

Percorsi e Strumenti INVALSI - INGLESE

READING B2 - SETTING SMART GOALS

INVALSI TASK

Read some suggestions for a successful college experience.

Choose the correct heading (A- J) for each paragraph (1-7).

There are two extra headings that you should not use.

The first one (0) has been done for you.

- 0. Success in college begins with a sense of what's possible. So it's much easier to accomplish your goals if you can visualize what you want. It gives you a clear purpose. It provides a beacon of hope to help guide you during challenging times.
- Q1. One of the most important habits of a successful student is treating school as a gift of opportunity rather than as a necessary evil. The students who thrive are not content with being average or just skating by. Instead, they focus on using their time in school to maximize their individual potential as much as possible.
- Q2. The best results come from staying proactive. So don't wait to be told what to do. Seek out ways to go beyond the minimum required. Stay alert to new opportunities that will help you grow in some way. Take calculated risks. Put your future in your own hands instead of hoping that someone else will come along and lead the way for you.
- Q3. If you want to become a successful student, then you have to go to school for the right reasons. That means valuing results that have real substance instead of fleeting or elusive outcomes like fame, prestige, or recognition. Be honest with yourself about why you want to go to school.
- Q4. When you prioritize gaining deep knowledge, retaining what you learn, and mastering valuable skills, the grades tend to take care of themselves. So don't obsess over trying to avoid bad grades. If you get them, simply learn from them and use the experience to improve your habits.
- Q5. Success isn't some grand event that happens overnight. It's developed every day, little by little. Think of the process of achieving your goals more as evolution than revolution. It takes time.
- Q6. Although your short-term goals should be reachable, your long-term goals should feel just out of reach. If you always feel like you've got everything in the bag, then your big goals probably aren't ambitious enough.
- Q7. If you catch yourself saying or thinking that you're not worthy, that you're not talented enough, or that the things before you are too hard or impossible, take a few moments to really listen. Then identify these negative words as the lies they are. They aren't really a part of you.



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Α	Focus only on learning as poor marks are part of the process						
В	Exploit every learning experience and be in charge of your life						
С	Approach college as a means of improving your talents						
D	Master at least one skill better than anyone else you know						
E	Consider important results and ignore superficial ones						
F	Clear your mind of harmful thoughts and believe in your abilities						
G	Work hard on your strengths and you will be successful						
Н	Always aim high and constantly raise your standards						
ı	Take small simple steps, learning develops gradually						
J	Form a mental image of your aims and refer to it in time of need						



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KEY

0	Q1	Q2	Q3	Q4	Q5	Q6	Q7
J	С	В	Е	А	I	Н	F